



**family
lives**

Independent Support: Education, Health and Care Plans

**Confused by Education, Health and Care Plans?
Independent Supporters can help!**



Who are Independent Supporters?

We can support you with an assessment or transfer to an Education, Health and Care (EHC) Plan. We can give you information about EHC Plans and support you through the process. Our service is free and impartial, which means we won't take sides. We can support you if you live in Croydon, Lambeth or Southwark.

Telephone: 020 3131 3150

Email: youthSEND@familylives.org.uk

Website: www.familylives.org.uk/IS

How can Independent Supporters help?

We can help you and your parents/carers by:

- Supporting with applications to be newly assessed for an EHC Plan if you don't have a statement, or if you have a Learning Difficulty Assessment
- Supporting with transfers from a statement to an EHC Plan
- Giving information about EHC Plans
- Helping you write information about yourself and contribute to your EHC Plan
- Helping make sure you have your views heard
- Attending meetings with you about your EHC Plan
- Reading through your draft EHC Plan with you
- Signposting you to other services as required



Family Lives also run a free,¹ confidential **Helpline** on **0808 800 2222** for advice, information and support on any aspect of parenting and family life.

¹ From landlines and most mobile networks.

Reg company number: 3817762. Reg charity number: 1077722.

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