

Mental Health Services in Lambeth

Below are the support services for mental health for people in Lambeth between the ages of 18-65. There is a brief description of each service and how you can contact and access them.

Alcohol and drug dependence

Lambeth Addictions Consortium offer alcohol and/or drug assessment and treatment through a shared care approach in most Lambeth GP Practices. You can refer yourself to the shared care worker in your GP practice.

Alternatively, self refer to:

Lorraine Hewitt House

12-14 Brighton Terrace, Brixton SW9 8DG
(drop-in 5 mornings a week)

This is not a service for the treatment of severe mental illness or suicidality in isolation.

To contact please call: 020 3228 1500

Integrated Talking Therapies

Your GP can make a referral to talking therapies as well as people referring themselves. They offer talking therapies for people experiencing mild to moderate depression, general anxiety, worry, panic attacks, social anxiety, traumatic memories and obsessive compulsive disorder. They also offer help with other problems including anger, eating, and relationship or sexual difficulties.

Referrals can be made to: 020 3228 6747

ADHD and ASD

If you have a diagnosis of ADHD or ASD and you require medication support or ongoing review you can ask your GP to refer to the ADHD/ASD service.

Living Well Partnership (LWP)

If you are seeking advice or information about your mental health or what services and support agencies are available the Information Hub at the LWP is a great starting point. Open Mon-Fri 9am-5pm. Lambeth residents can drop in at: Mosaic Clubhouse 65 Effra Road Brixton SW2 1BZ; phone 020 7924 9657 or email info@mosaic-clubhouse.org.

Early Intervention Service (LEO)

Early Intervention Services will accept referrals for anyone between 18-65 who is experiencing symptoms of a first episode of psychosis. If you suspect the person is delusional, experiencing hallucinations or other psychotic symptoms you can ask your GP to refer to this service. For 14-18 years old, all referrals will go through CAMHS. Please ask your GP for further information and support.

LEO offer an initial assessment and if appropriate for the service will work with someone for up to 2 years. If the assessment does not show a psychotic illness the person may be referred back to the GP or another mental health service in Lambeth.

Living Well Network

The Living Well network can offer mental health and practical support to people aged 18-65 who do not require the above services or when you are unsure of diagnosis, risk, need, or the service that would be best placed to support the person. The Hub is the front door to other secondary care mental health services that are not described above such as IPTT, Assessment and Liaison Teams and Promoting Recovery Teams. The Hub can see people within 48 hours or make onward referrals if the person needs support sooner. The Hub have a direct referral pathway into SLaM services and will 'screen' the referral you make and make a decision as to whether the person needs to go into secondary care. It may be that the Hub can offer a face to face assessment before they refer someone into secondary care.

The Hub can offer up to 12 weeks of reablement, this includes medication review, assessment and diagnosis, practical support, psychoeducation, housing and benefit advice and engagement in local networks to reduce social isolation. Referrals can be made to: slm-tr.lwnhub@nhs.net For urgent referrals: 0203 691 5080