

EarlyBird Programme

The National Autistic Society

A three month programme for parents/carers of children who are 5 or under with a diagnosis of autism spectrum disorder.



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What is the EarlyBrid programme?

EarlyBird is a three month parent programme combining group training sessions with individual home visits, where video feedback is used to help parents to combine theory with practice.

Who can attend the programme?

The programme is for families of a child who is 5 years or under with a diagnosis of autism spectrum disorder. Two places are allocated to each family. A maximum of 6 families can attend the group.

When and where are the sessions held?

The eight group sessions are held locally on the same day each week and adults only attend. Each session lasts two and a half hours. At the 4 home visits the child will need to be present so that they can be filmed with a family member.

Who runs the programme?

The programme is run by two local professionals with experience and understanding of autism spectrum disorders. Trainers must have attended the National Autistic Society's EarlyBird Centre and been awarded a licence to deliver the programme.

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What are aims of programme?

- To empower parents/carers
- To help parents /carers establish good practice

What will we learn about?

The National Autistic Society EarlyBird approach will help you to:

- understand your child's autism
- structure interactions to develop communication
- develop strategies to pre-empt problem behaviours and/or manage those which do

Other information

- Each adult who attends will get their own EarlyBird workbook (with lots of information)
- Each adult who attends will get a certificate at the end of the programme
- There is a 3 month follow up session which you will need to attend



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The EaryBird Programme has been developed by The National Autistic Society to empower and support parents and carers of young children with a diagnosis of an autism spectrum disorder.

It is an autism – specific early intervention programme for parents which does not offer a cure **BUT** does support parents to gather the tools they will need to help their child reach his/her fullest potential.

The Lambeth EarlyBird team is:

Catherine Pearson - ASD outreach Officer
Early years Alliance Team

Louise Routledge - Senior Specialist for Autism,
Educational Psychologist
Lambeth Educational Psychology Service.

The programme will run twice a year in various locations across the borough of Lambeth. A maximum of 6 families can attend each programme. If you are interested you will need to attend a parent information event where you can collect an application form. Places are allocated on a 'first come first served' basis in the order in which completed application forms are received.

For further information please contact:

Catherine
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