

**Community Based Shorts Breaks Services**  
**for children and young people with complex health needs**

| Provider information   | Activities   |
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| <p><b>Whippersnappers</b></p> <p><b>Address:</b><br/>Brockwell Lido, Dulwich Road London</p> <p><b>Contact:</b> Caroline Burghard</p> <p>Phone:0207 7938 6633<br/>E-mail:<a href="mailto:cburghard@whippersnappers.org">cburghard@whippersnappers.org</a></p>                        | <ul style="list-style-type: none"> <li>• Summer Play schemes- 4 weeks</li> <li>• Easter play scheme</li> <li>• February half term</li> </ul> <p><b>Referrals:</b> Via the Children With Disabilities team</p>  |
| <p><b>Help for Carers</b></p> <p><b>Address:</b><br/>Vestry Hall<br/>London Road, Mitcham<br/>CR4 3UD</p> <p>Contact: <b>Stefan Kutcher</b><br/>Tel:0208 648 9677<br/>Email: <a href="mailto:Stefan@helpthecarers.org">Stefan@helpthecarers.org</a></p>                              | <ul style="list-style-type: none"> <li>• Home based short break services</li> <li>• Personal Care task</li> <li>• Overnight care support</li> </ul> <p>Service times are as specified within service users care plan</p> <p><b>Referral:</b> Via the Children with Disabilities Team</p> |
| <p><b>Charlie Chaplin</b></p> <p><b>Address:</b><br/>Bolton Crescent<br/>Kennington<br/>London<br/>SE5 0SE</p> <p><b>Contact:</b> Earlyn Francis<br/><b>Phone/Fax</b> 020 7735 1819<br/><a href="mailto:Earlyn@ccapuk.org">Earlyn@ccapuk.org</a></p>                                 | <ul style="list-style-type: none"> <li>• Holiday Play Scheme</li> <li>• Summer Holidays</li> <li>• October half term</li> <li>• Easter</li> <li>• Youth Empowerment Scheme</li> </ul> <p><b>Times:</b> 10am – 6pm<br/><b>Referrals:</b> Via Children with Disabilities Team</p>          |
| <p><b>Wheels for Wellbeing</b></p> <p><b>Address:</b><br/>Weare336<br/>Brixton Road,<br/>SW9 7AA</p> <p><b>Contact:</b> Isabelle Clement</p> <p><b>Phone:</b> 020 7346 8482<br/>Email:<a href="mailto:Isabelle@wheelsforwellbeing.org.uk">Isabelle@wheelsforwellbeing.org.uk</a></p> | <p><b>Activities</b></p> <ul style="list-style-type: none"> <li>• Cycling sessions</li> <li>• Holiday play schemes</li> </ul> <p>Service provided at Brockwell Park and Herne Hill Velodrome.</p> <p><b>Referrals:</b> Self-referral contact as detailed above</p>                       |

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| <p><b>Moving Matters</b></p> <p><b>Address:</b><br/>c/o<br/>City Height E-ACT Academy<br/>33 Abbotts Park London<br/>SW2 3PW</p> <p><b>Contact:</b> Robert Wilkinson</p> <p><b>Phone:</b> 0203 691 4576<br/><b>Email:</b> <a href="mailto:directormovingmatters@gmail.com">directormovingmatters@gmail.com</a></p>  | <p><b>Activities</b></p> <ul style="list-style-type: none"> <li>• Multi – Sport activity</li> <li>• Brixton Rec</li> <li>• Inclusive sports within the community</li> </ul> <p>Please contact Moving Matters for details</p> <p><b>Referrals:</b> Self-referral, contact as detailed above.</p> |
| <p><b>Lambeth Contact a Family</b></p> <p><b>Address:</b><br/>Weare336<br/>Brixton Road<br/>SW9</p> <p><b>Contact:</b> Sharon Kitson</p> <p><b>Phone:</b> Office: 020 7326 5270<br/>Mobile: 07415 643 902</p> <p><b>Email:</b> <a href="mailto:sharon.kitson@cafamily.org.uk">sharon.kitson@cafamily.org.uk</a></p> | <p><b>Activities</b></p> <ul style="list-style-type: none"> <li>• Parent/carer engagement</li> <li>• Family day trips and activities</li> </ul> <p><b>Times:</b> 9am to 5pm</p> <p><b>Referrals:</b> Self-referral, contact as detailed above.</p>  |